

FIRST AID KIT



INVENTORY CHECKLIST

First Aid Kit Items

- 2 Absorbent Compress Dressings
- 25 Adhesive Bandages
- 1 Adhesive Cloth Tape
- 5 Antibiotic Ointment Packets
- 5 Antiseptic Wipe Packets
- 2 Packets of Aspirin
- 1 Blanket
- 1 Breathing Barrier
- 1 Instant Cold Compress
- 2 Pairs of Non-Latex Gloves
- 2 Hydrocortisone Ointment Packets
- Scissors
- 1 Roller Bandage
- 5 Sterile Gauze Pads
- Oral Thermometer
- 2 Triangular Bandages
- Tweezers
- First Aid Instruction Booklet

Other Items to Consider

- Spare Cell Phone & Charger
- Pen & Paper
- Umbrella/Poncho
- Swiss Army Knife
- Paper Map / Atlas
- Jumper Cables
- Fix a Flat
- Road Flares / Reflectors
- Flashlight
- Spare Car Fluids
- Tire Pressure Gauge
- Sunscreen, Insect Repellent, and Lip Balm
- Water & Non-Perishable Snacks
- Extra Clothing: Shoes, Jacket, etc.
- Kleenex
- Clorox Wipes
- Toilet Paper & Paper Towels
- Plastic Tablecloth
- Grocery Bags / Trash Bags
- Multi-Purpose Tool